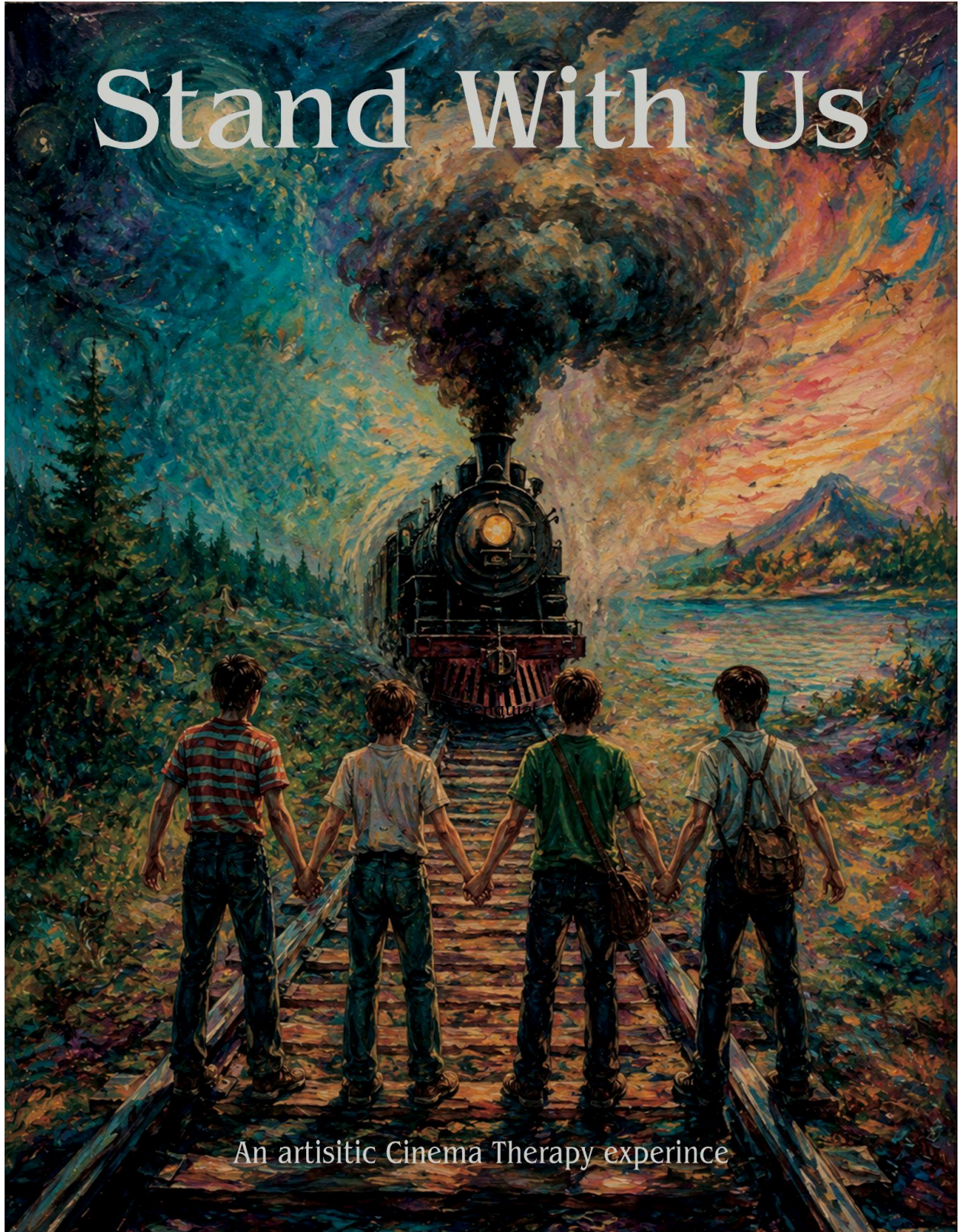


Stand With Us



An artistic Cinema Therapy experience

Stand With Us - An Introduction to the Octopus's Garden

Few films capture the fragile, funny, heartbreaking beauty of growing up like *Stand by Me*. Forty years after it first flickered across the big screen, it remains as emotionally powerful and timeless as ever. Rich with nostalgia, unforgettable music, breathtaking natural beauty, razor-sharp humor, and painfully honest teenage dialogue, the film still feels alive. And the train...that terrifying, exhilarating train...remains one of cinema's great moments of fear and friendship. Beneath the adventure lies something deeper: grief, identity, loneliness, love, and the aching realization that childhood never fully leaves us. Come go with us for a Cinema Therapy journey through *Stand by Me* — a story that unlocks powerful emotions many of us forgot were there.

[Click here](#) to join us online on June 15th at 12 noon for a free first class. Ongoing students will be in attendance to share their experiences and work. All are welcome.

– Robert Cochrane, PhD
A.k.a. *Sherpa Andy*

Cinema therapy through artwork

I began painting after undergoing Deep Brain Stimulation (DBS) for Parkinson's disease in 2018. Surprisingly, DBS seems to have opened a new creative and very meaningful path in my life. To be clear, I was not a painter before having DBS. By using symbolism, I explore memory, fear, humor, storytelling, resilience and the emotional landscapes that connect people through shared experience.

These paintings are visual responses to the emotional themes explored in *Stand By Me*, the hero's journey, and the Cinema Therapy course taught by Robert Cochrane, PhD as part of his nonprofit serving the Parkinson's Community, Yes, And...X. I attempted to express visually, through paint, what others in the course explored through their writing.

Paula (Jaki) Daillak



Ordinary World: *Living in Routine*

*“Train, train, coming 'round, 'round the bend...
Well, it took my baby, but it never will again”*
– *Mystery Train* by Elvis Presley

Class reactions to Jaki’s art and the stage of the hero’s journey

“That boy is me — excited and anxious... glove, bat, and ball ready to play... hoping someone will pick him for their team.” — Robert

“Embarking on a new Journey triggers the same feelings of renewal that you get when standing next to a waterfall.” — Wayne

“Castle Rock is safe, familiar, and small — the quiet before the storm... where we are content, unaware of the strength waiting to be tapped.” — Sharon